



September 1st through October 15th



SPARKPITTSBURGH STEPCHALLENGE

Join us for the annual **SparkPittsburgh Step Challenge**, an interactive step challenge designed to help move companies towards better health. Compete against others to win elite prizes and prove you work for one of the healthiest and most active companies in Western Pennsylvania!

Join the challenge now by registering at:

www.SparkPittsburgh.com

Once registered, you will be automatically directed to your **SparkPittsburgh Step Challenge** landing page. Here you will find information on how to track your steps manually or connect your wearable device (integrated devices include Fitbit, Garmin, Misfit, Google Fit and the Apple Health app), view the challenge leaderboards, and learn how to access other additional free resources.

For questions regarding the challenge, please contact step@welladvisedltd.com.
For questions regarding the website, please contact support@sparkpeople.com.