



SPARK PITTSBURGH COMPANY **STEP** CHALLENGE

FAQs Employers

Q: Are participants required to join the SparkPeople website?

A: Yes, SparkPeople is the website used to track the steps of the individuals and companies for this challenge. By registering for the challenge, you have already joined the SparkPeople website for free.

Q: What are the different size categories of companies that can participate?

A: Small = 2 - 99 employees Medium = 100 - 499 employees Large = 500+ employees

Q: I do not see my company on the list available. What do I do?

A: Select “Other” and enter your company’s name. After 48 hours, your company will show up on the list for your employees to select.

Q: We are headquartered in Pittsburgh but have locations all over the nation, can all of our locations participate?

A: Yes! All locations are encouraged to participate. We suggest designating a “SparkPittsburgh Company Step Challenge” Champion at each location as a go-to person for questions or concerns.

Q: Will SparkPeople sell or distribute my information?

A: No, SparkPeople will not sell or share your information. Additional information on their strong privacy policy is available at <http://bit.ly/sparkpghprivacy>.

Q: Can we make this an internal challenge to increase participation?

A: Yes! We encourage employers to create a friendly internal competition to increase participation in the challenge. Each company will have their own team page that will show the top steppers in their company.

Q: How can employees track their steps?

A: If employees use a Fitbit, Garmin, Jawbone, Misfit, or the Apple Health app, these devices will automatically integrate their steps. If they do not, they can track their steps using their phones, a pedometer, or another activity tracker and manually log their steps on the website.

Didn't Find An Answer For Your Question?

Go to: <http://bit.ly/sparkpghfaq> for additional questions.

